

October 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 10:15 Exercise 11:00 Carpet Bwlg 1:30 National Voting Seminar 2:30 Tai Chi	2 10:15 Mental Aerobics 1:30 Noodle Hockey 2:30 Happy Hour w/ Carl Ragan	3 10:15 Exercise 11:00 Carpet Bwlg 2:00 Sandbag Toss 7:00 Bingo
4 10:15 Sandbags 1:00 Communion 1:30 Mental Aerobics 2:30 Church	5 10:00 Painting with Ellen 1:30 Video Memories 2:45 Thanksgiving / Fall Decorating	6 10:15 Exercise 11:00 Carpet Bwlg 1:30 Walk & Roll 3:00 Readings	7 10:15 Fall Crafts 11:00 Fashion Closet 2:30 Reno Keno 7:00 Bingo	8 10:15 Exercise 11:00 Carpet Bwlg 2:30 Tai Chi	9 9:30—2 Scenic Tour Stanley Park with Lunch out 10:30 Communion 2:30 Happy Hour	10 10:15 Exercise 11:00 Carpet Bwlg 2:00 Sandbag Toss 7:00 Bingo
11 10:15 Sandbags 1:30 Mental Aerobics 2:30 Church	12 Happy Thanksgiving! 	13 Flu Shot Clinic 1:30 Walk & Roll 3:00 Readings	14 9:30 Casino 2:00 Reno Keno 7:00 Bingo	15 10:30 Wheelchair Olympics 1:30 Mental Aerobics 2:30 Tai Chi	16 10:15 Mental Aerobics 1:30 Pink Ribbon Tea for Cancer	17 10:15 Exercise 11:00 Carpet Bwlg 2:00 Sandbag Toss 7:00 Bingo
18 10:15 Sandbags 1:00 Communion 1:30 Mental Aerobics 2:30 Church	19 VOTE IN THE PIANO LOUNGE 10:30 Decorate for Halloween 2:30 Video Memories	20 10:15 Exercise 11:00 Carpet Bwlg 1:30 Walk & Roll 3:00 Readings	21 10:15 Coffee Klatch 2:30 Reno Keno 7:00 Bingo	22 10:15 Exercise 11:00 Carpet Bwlg 2:30 Tai Chi	23 10:15 Mntl Aerobics 1:30 Noodle Hockey 2:00 Birthday Party w/ Cypress Creek Duo	24 10:15 Exercise 11:00 Carpet Bwlg 2:00 Sandbag Toss 7:00 Bingo
25 10:15 Sandbags 1:00 Communion 1:30 Mental Aerobics 2:30 Church	26 10:45 C-Lovers 1:45 Video Memories 3:00 Putting	27 10:15 Exercise 11:00 Carpet Bwlg 1:30 Walk & Roll 3:00 Readings	28 9:30 Casino 2:30 Reno Keno 7:00 Bingo	29 10:15 Exercise 11:00 Carpet Bwlg 2:30 Tai Chi	30 10:15 Mental Aerobics 1:30 Halloween Fun 2:45 Happy Hour	31 Happy Hallowe'en! 10:15 Exercise 11:00 Carpet Bwlg 2:00 Sandbag Toss 7:00 Bingo